

BONES MATTER: PROTECTING WHAT HOLDS US UP

FRACTURE PREVENTION IN LONG-TERM CARE

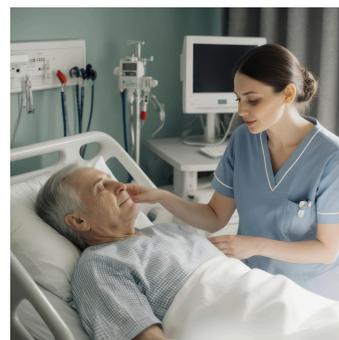
1 in 5

Individuals over the age of 80 have complex care needs that can only be safely met in long-term care.¹



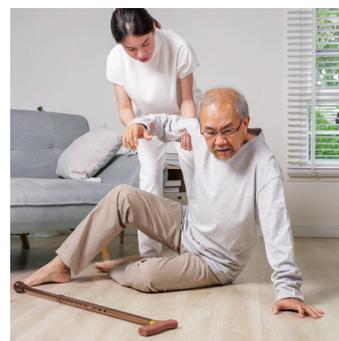
50%

Hip fractures account for half of all fractures in LTC and are the leading cause of hospitalization.²



At least 10%

Of LTC residents' re-fracture within one year.
*Fractures need to be treated ASAP to prevent a second fracture!



1 in 5

Only 1 in 5 previously independent residents regain their pre-fracture level of independence in locomotion following a hip fracture.³



¹Preyra Solutions Group (PSG), Ontario Long Term Care Association (OLTCA) and Ontario Ministry of Finance Projections

²Ronald LA, McGregor MJ, McGrail KM, Tate RB, Broemling A-M. Hospitalization Rates of Nursing Home Residents and Community-Dwelling Seniors in British Columbia. *Can J Aging / La Rev Can du Vieil*. 2008;27(01):109-115. doi:10.3138/cja.27.1.109

³Neuman MD, Silber JH, Magaziner JS, Passarella MA, Mehta S, Werner RM. Survival and Functional Outcomes After Hip Fracture Among Nursing Home Residents. *JAMA Intern Med*. 2014;174(8):1273. doi:10.1001/jamainternmed.2014.174(8):1273-80

email: papaioannou@hhsc.ca