

Happy Holidays

As the holiday season approaches, we reflect on the remarkable research this past year in healthy aging and advancing clinical care – a testament to the collaborative efforts and unwavering dedication of our clinician scientists, trainees, community partners, staff, and research participants.

Wishing you all a holiday season filled with health, happiness, and prosperity!

NOVEMBER/DECEMBER 2023 HIGHLIGHTS IN CLINICAL CARE AND RESEARCH



DR. PAUL KATZ DISTINGUISHED PROFESSOR VISITS GERAS CENTRE FOR AGING RESEARCH

Dr. Paul Katz is a Professor and former Chair of the Department of Geriatrics at Florida State University (FSU) College of Medicine. He previously served as vice president of medical services at the Baycrest Health Centre and Professor of Medicine at the University of Toronto. Dr. Katz was past president of AMDA (The Society for Post-Acute and Long-Term Care Medicine) and current co-editor-in-chief of JAMDA. Geras co-hosted research trainees and geriatric residents workshop with distinguished visiting professor Dr. Paul Katz discussing cutting-edge research and clinical care in geriatrics!

With 500+ health care professionals in attendance, the virtual education day highlighted the latest approaches to care of older adults, including sessions on falls, dementia, osteoporosis and fracture prevention, deconditioning and palliative care. Several McMaster faculty members from the **Division of Geriatric Medicine**, the **School of Nursing**, and the **Department of Family Medicine** presented; including Drs. Mimi Wang, Justin Lee, Alexandra Papaioannou, Sharon Kaasalainen, and Anne Boyle.



Congratulations Geras MSc student Ashlee Azizudin for receiving a Canadian Training Platform for Trials Leveraging Existing Networks (**CAN-TAP-TALENT**) Clinical Trials Training Program master's student award for prehabilitation research.



Our FedDev Southern Ontario Pharmaceutical & Health Innovation Ecosystem (SPOHIE) study on the validation and reliability of **Chirp technology for in-home fall detection** was featured in Ontario Hospital News! (L-R: Drs. Isabel Rodrigues, George Ioannidis and Parthipan Siva).



13th Annual Update in Geriatrics Education Day presents **Lifelong Achievement and Clinical Excellence awards**. (L-R: Dr. Mark Crowther, Dr. Alexandra Papaioannou, Patricia (Pat) Mandy, Patricia (Pat) Ford, Dr. Paul O'Byrne, and Dr. Joye St. Onge). Patricia (Pat) Mandy, an award-winning health care leader and honorary doctorate recipient, was presented the Lifelong Achievement Award. Patricia (Pat) Ford, a McMaster University's School of Nursing faculty member and pioneer in the development of interprofessional geriatric care, received the Clinical Excellence Award.